



## Paper & Cardboard

Flattened cardboard and office paper can be recycled as long as they are not contaminated with food, liquid or waste.

- Breakdown/flatten cardboard boxes before placing in a recycling container.
- Remove packing materials (e.g. bubble wrap, “peanuts”, air pillows, Styrofoam, etc.) and discard in the trash.
- Paper can't be recycled if it's mixed with other materials. Remove and discard the bubble wrap or plastic windows before recycling padded packaging, security envelopes or tissue boxes.
- Do **NOT** recycle paper towels, tissues, napkins.
- Do **NOT** recycle soiled pizza boxes or doughnut boxes.



## Plastic

While hard plastic containers like water bottles, sports drink bottles, milk jugs and detergent containers can go in your recycling bin, flexible plastics like grocery bags, baggies, snack wrappers, bubble wrap and Styrofoam require special handling and can't be recycled by the JBSA recycling centers.

- Recycle only plastics labeled #1 or #2.**
- Lids are too small to recycle by themselves, so put them on the containers or throw them away.
- Remember: If you can poke your finger through the plastic, it doesn't belong in your recycling container.
- Plastic bags can get caught in the machinery causing delays and damage to recycling equipment.
- Most grocery stores will accept plastic bags for recycling.
- Plastic utensils & condiment packets are **NOT** recyclable.



# DO YOU KNOW WHAT TO THROW?

Recycling is easy, once you know the basics. The **JBSA Qualified Recycling Program (210-671-4800)** can help you become a better recycler.



## Metal Cans

Before recycling food and drink cans, remember to clean out any residual food or liquids.

- Always remember: **EMPTY, CLEAN, and DRY!**
- Recyclables need to be empty, clean and dry so they don't contaminate other items.



## No Connected or Mixed Materials

When two or more materials are connected, they cannot be recycled as is, even if they're all recyclable.

- If all of the mixed materials are recyclable, like a plastic package with a paper insert, separate the items and put them in your container individually.
- If only part of the mixed material is recyclable, like a window envelope, separate and discard the plastic portion from the paper and recycle the paper. For a padded mailer, separate the bubble wrap from the padded mailer, recycle the mailer, and discard the bubble wrap.

## No Soiled or Wet Materials

- One dirty or wet item can contaminate an entire truckload of recyclables, so make sure recyclables are empty, clean and dry.
- Once cardboard or paper comes into contact with food, liquid, oil or grease it can no longer be recycled.
- Do **NOT** recycle pizza boxes, doughnut boxes, or take-out containers.
- Plastic bottles/containers (recycling labels #1 and #2 **ONLY**) and aluminum cans are great recycling commodities. Just **be sure they are empty, rinsed and dry** before putting them in your recycling container.



recyclable



NOT recyclable